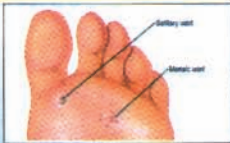


FEET HURT?



Bunions



Warts



Ingrown Nails



Fungus Nails



Heel Pain



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Do You Have Heel or Arch Pain?

HEEL SPUR SYNDROME/PLANTAR FASCIITIS

is a common problem among people who are active. It starts as a dull intermittent pain in the heel which may progress to a sharp persistent pain. Classically, it is worse in the morning with the first few steps or after walking. Plantar Fasciitis may eventually result in the formation of a Heel Spur. Recent studies show that 90% of patient's symptoms are resolved with conservative treatment, and the Prescription of Orthotic Devices, thus avoiding surgical intervention.

CARL M. INGRASSIA, D.P.M.
Doctor of Podiatric Medicine
Medicine, Surgery and
Orthopedic Treatment of the Foot



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